

Food Trends Specialists for Over 25 Years



POSITIVELY IMPERFECT

Openness about the complexities of sustainability is appreciated by consumers who do not expect brands to be 100% perfect

transparency triumphs | celebrating wins

'A' for effort

REDEFINING VALUE

Combating instability requires a deep understanding of where consumers draw the line on compromise

volatility and uncertainty consumer trade-offs seizing opportunity

AFFORDABLE

NUTRITION To meet demand for high nutritional value at the right price, innovation is

needed to maximize efficiency and yields

reducing spend prioritizing nutrition tech to table

voice of Gen Z

GENERATIONAL PUSH

Positive engagement and new experiences find favor with younger consumers used to sharing their views widely and willingly

2

trend creators

choices across ages

PLANT-BASED: **UNLOCKING A NEW NARRATIVE**

Underused ingredients and technologyenabled new formats open up wider spaces 4 for standalone plant-based innovation

standalone space prioritizing plants

food for the senses

UNPUZZLE HEALTH

Simple communication backed by trusted certification reinforces health messages, especially when matched by consumer experience

> reestablishing trust | clear cues navigating choices

10

splurging small

seeking discovery

REVENGE SPENDING

Small pleasures have a heightened effect as luxury spending comes under pressure, offering opportunities to enhance brand perception

brands being bold

8

DEVOURING DIGITAL

Brands are starting to embrace the full potential of consumer connections by enhancing real life with digital experiences

> 'phygital' lives taste the metaverse enhancing reality

Culinary creativity blossomed during the pandemic and now needs to come with added convenience to meet busier routines

elevating convenience proud of my food

positive rebranding farming technology

QUICK QUALITY

levels of engagement

New farming systems are improving quality and sustainability, leading to renewed consumer interest in food sources

5

benefit-driven

FARMING THE FUTURE

TOP TEN TRENDS 2023

Trend 1. Redefining Value

Combating instability requires a deep understanding of where consumers draw the line on compromise

"F&B supply chain issues force price rises, product reformulation and R&D dilemmas"



"Considering food/drinks, which product features do you think are worth paying more for?"

(select all that apply out of 16 options)

People have been dipping like crazy lately! To keep up with this demand, some of our dips will temporarily be using unprinted green lids. The dips themselves aren't changing, so keep on dipping 'til your heart's content!



#1

Fresh products

#2

Locally produced products

#3

Functional ingredients that boost physical health

Sources: Innova Lifestyle & Attitudes Survey 2022 (average of Brazil, Canada, China, France, Germany, India, Indonesia, Mexico, Spain, UK, US), Food Ingredients First, Marzetti

Consumers seek out brands that respond to their core values at economic price

Consumers are looking to reduce cost in a conscious way



"I am taking more actions* to..."

- Minimize food waste
- Recycle/upcycle/repurpose products
- Choose products with environmentally friendly/less packaging





the very embodiment of our generation's sense of urgency.



INNOVA MARKET INSIGHTS

"Our brands make it easy for consumers to take direct action on the climate crisis, whether they know it or not"

Sources: Innova Trends Survey 2023 (average of Brazil, Canada, China, France, Germany, India, Indonesia, Mexico, Spain, UK, US), The Urgent Company Note: *"If you are looking to reduce your spending/cut costs, how will it affect your actions regarding these social or

To meet demand for high nutritional value at the right price, innovation is needed to maximize efficiency and yields

"Which of the following factors have you noticed more when buying food and beverages in the past 12 months?"

"Healthy diets out of reach: Inflation, war and **COVID-19 driving malnutrition, report warns**"

food ingredients L 11 Jul 2022

TOP ANSWER:

PRICE RISES



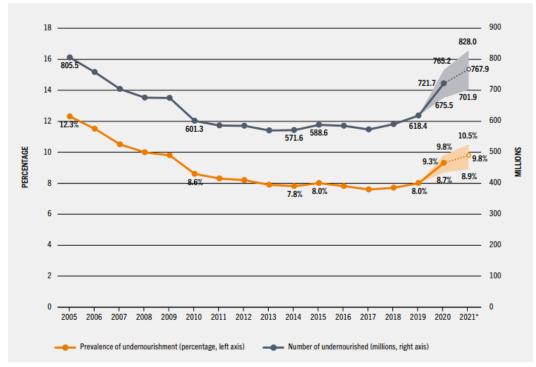




Figure | FAO 2022 "Between 702 and 828 million people in the world faced hunger in 2021, with a strong upward trend"

Sources: Innova Lifestyle & Attitudes Survey 2022 (average of Brazil, Canada, China, France, Germany, India, Indonesia, Mexico, Spain, UK, US),

Food Ingredients First, FAO



Innovation should focus on making essential nutrition affordable

"I believe that new food and beverage **product** development should be driven* mostly by..."

1. Health

41%

2. Affordability

30%

3. Naturalness

28%

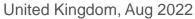




year-over-year growth in food and beverage launches with a **budget** claim** (Global, Q4-2020/Q3-2021 vs. Q4-2021/Q3-2022)

DUUU





Sources: Innova Trends Survey 2023 (average of Brazil, Canada, China, France, Germany, India, Indonesia, Mexico, Spain, UK, US), Innova Database, ASDA Notes: *"Considering food and beverage, which aspects do you think should drive the development of new products the most? (Select up to 3)" INNOVA MARKET INSIGHTS **Budget refers to product launches with "budget" or "affordable" as part of the name, description or claims

Trend 3. Generational Push

Positive engagement and new experiences find favor with younger consumers used to sharing their views widely and willingly

Health benefits and **Affordability** are key drivers* across all ages **Novel flavors** are winning the hearts of a young and experimental audience

#2 Flavor over #3 Affordability

#2 Affordability as important as #2 Flavor

#3 Naturalness over #4 Flavor







Gen X





Boomers

Source: Innova Trends Survey 2023 (average of Brazil, Canada, China, France, Germany, India, Indonesia, Mexico, Spain, UK, US) Note: *"Considering food and beverage, which aspects do you think should drive the development of new products the most? (Select up to 3)"

Trend creators: young consumers are defining what markets should be providing

"A company should listen to consumers more when developing products/flavors/strategies"



Netherlands, Oct 2022

Voice of **Gen Z and Millennials**



2023

2022



2021



"I believe the food and beverage industry is accountable for taking action and standing up for values and beliefs"



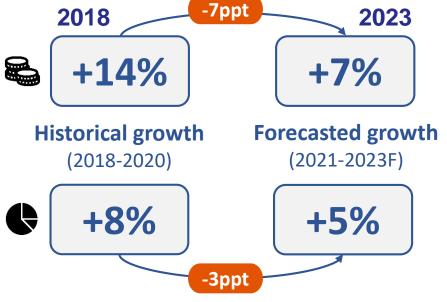
France, Sep 2022

Sources: Innova Trends Survey 2023 (average of Brazil, Canada, China, France, Germany, India, Indonesia, Mexico, Spain, UK, US), Innova Database, Danio, Tony's Chocolonely, Ben & Jerry's

Trend 4. Plant-Based: Unlocking a New Narrative

Underused ingredients and technology-enabled new formats open up wider spaces for standalone plant-based innovation

Global market value and volume of meat substitutes show signs of slowing down





Game changers:

- Improved flavor
- Improved texture

higher ranking

- Standalone products (not mimicking meat/dairy)
- More regional specialties

lower ranking

Better mimicking of meat/dairy products

Sources: Innova Trends Survey 2023 (average of Brazil, Canada, China, France, Germany, India, Indonesia, Mexico, Spain, UK, US), Innova Market Sizing Notes: Growth rates based on estimated market avalue sales (M USD) and volume sales ('000s tonnes)

Game changers: "What would you like to see more of in plant-based products?"

Plant-based: a wide space to let innovation instincts grow

"Why would you **not** consider buying plant-based alternatives?"



#1 Taste and texture

#2 Price/value for money

Too processed/ artificial ingredients

← Improving at-home and out-of-home experiences →

Aids for creative cooking at home



Holy Cow Kashmir Rajma Masala

United Kingdom, Sep 2022

Affordable for the many



Sources: Innova Trends Survey 2023 (average of Brazil, Canada, China, France, Germany, India, Indonesia, Mexico, Spain, UK, US), Innova Database,

#3

New farming systems are improving quality and sustainability, leading to renewed consumer interest in food sources

Regenerative agriculture



Super seeds at the grassroots of

Plant breeding

Vertical farming

Vertical Farming, Elevated Flavor.™





future resilient food systems Speed breeding seeds



Lantmännen has installed new technology at its plant breeding department in Svalöv, Sweden, anticipated to aid the development of future crops "much faster than before".



Sweden, Jun 2022



United States, Jun 2022

United States, Jul 2022

Sources: Innova Database, Simple Mills, Food Ingredients First, Lantmännen, Aerofarms

Positive rebranding: 'why' and 'how' can farming practices bring benefit?

69%

of consumers globally say that they "prefer products that mention the benefits of their sourcing/ farming method on the pack"

"What would be your **top reasons** to accept food that has been produced using innovative farming practices?"

- 1. More natural/organic
- 2. Better for the planet
- 3. Reduces health risks



Barbell Organic Beef Air Dried Steak Biltong with Chilli Spice

Australia, Mar 2022



Sources: Innova Trends Survey 2023 (average of Brazil, Canada, China, France, Germany, India, Indonesia, Mexico, Spain, UK, US), Innova Database,

Barbell Foods

Trend 6. Quick Quality

Culinary creativity blossomed during the pandemic and now needs to come with added convenience to meet busier routines

"I am looking for simple and convenient ways to ensure my daily nutrients intake" 2 in 3 consumers globally



Sources: Innova Trends Survey 2023 (average of Brazil, Canada, China, France, Germany, India, Indonesia, Mexico, Spain, UK, US), Innova Database,

EarthFresh

Elevating convenience: ready meals allow for a stronger value-added positioning

Consumers seek more than just convenience

"Which of these factors most influence your purchasing decision of **meal kits**?



Convenience can enhance a brand's key values and positionings

Tasty, Vegan, Quick, Nutrition Counted



lower ranking

6. Convenience (easy to prepare/saves time)

Sources: Innova Trends Survey 2023 (average of Brazil, Canada, China, France, Germany, India, Indonesia, Mexico, Spain, UK, US), Innova Database, Food Ingredients First, 70/30 Food Tech

Trend 7. Devouring Digital

Brands are starting to embrace the full potential of consumer connections by enhancing real life with digital experiences

FUNCTIONAL

ENTERTAINING

Gatorade launches the Smart Gx Bottle to meet your hydration goals



Coca-Cola creations trigger consumers with abstract flavors



United States Feb 2022



United States Apr 2022



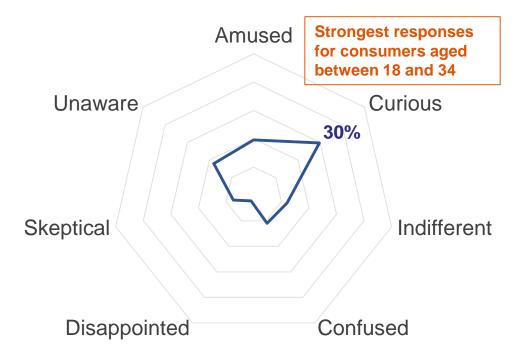
Aug 2022

Sources: Innova Database, Gatorade, Coca-Cola

Merging food with digital experiences is key to reaching younger consumers

"How do you feel about digital food and beverage experiences?"

—% of consumers globally



Leveraging brand platforms for wider and more meaningful impact



Australia, Jul 2022

What is ReachOut?

Accessed by more than 2 million people in Australia each year,

ReachOut is a **free digital mental health service** helping young people be well and stay well.



Sources: Innova Trends Survey 2023 (average of Brazil, Canada, China, France, Germany, India, Indonesia, Mexico, Spain, UK, US), Innova Database,

NET

16 INNOVA MARKET INSIGHTS

Trend 8. Revenge Spending

Small pleasures have a heightened effect as luxury spending comes under pressure: opportunities to enhance brand perception

Consumers have spent significantly more on F&B post-lockdown

Opportunity for quick wins

when & what to prioritize will be key for consumers

Consumers are actively trying to save money while buying F&B





Japan, Sep 2022

+30%

average annual growth in food and beverage launches with a limited edition claim over the past 3 years*



Germany, Sep 2022

Sources: Innova Trends Survey 2023 (average of Brazil, Canada, China, France, Germany, India, Indonesia, Mexico, Spain, UK, US), Innova Database Note: *Global, CAGR Q4-2019/Q3-2020 vs. Q4-2021/Q3-2022

Brands being bold: strategizing on consumer priorities and brand image



Almost

3 in 5

consumers globally who say they have a worsened financial situation...

...also say that they are likely to make a **one-time impulse purchase** "when the food or beverage product is innovative in flavors/tastes" Consumers globally say:

"I would love to try trendy/innovative versions of a familiar food and beverage brand"

Portfolio classic

Portfolio expansion







Netherlands, Aug 2022

Sources: Innova Trends Survey 2023 (average of Brazil, Canada, China, France, Germany, India, Indonesia, Mexico, Spain, UK, US), Innova Database

Trend 9. Unpuzzle Health

On-pack messaging is a go-to source for consumers keen to know about the health and nutritional value of a product

"To what extent do you use the following sources of information to determine how healthy a product is?"

Top responses after 1. ingredient list and 2. nutrition label

North America

- 3. Own research
- 4. Doctor/professional
- 5. On-pack claims

Europe

- 3. Own research
- 4. On-pack claims
- 5. Doctor/professional

Latin America

- 3. On-pack claims
- 4. Own research
- 5. Doctor/professional

Asia

- 3. On-pack claims
- 4. Doctor/professional
- Governmental campaigns

Source: Innova Trends Survey 2023 (North America: average of Canada and US, Europe: average of France, Germany, Spain and UK, Latin America: average of Brazil and Mexico, Asia: average of China, India and Indonesia)

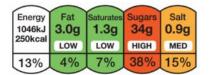
Reinforcing belief in claims in a complex health communication landscape

Standardized criteria to help consumers navigate choices

"FDA Proposes Updated Definition of 'Healthy' Claim on Food Packages to Help Improve Diet, Reduce Chronic Disease" 28 Sep 2022

NUTRI-SCORE







+69%

year-over-year growth in food and beverage launches tracked with a regulated nutrition warning label

(Global, Q4-2020/Q3-2021 vs. Q4-2021/Q3-2022)

Opportunity for brands to educate and deliver on health

Dole's "Malnutrition Labels: Nutritional Ink" campaign



Sources: Innova Database, FDA, Food Ingredients First

Openness about the complexities of sustainability is appreciated by consumers who do not expect brands to be 100% perfect

More than

consumers

globally

© 2022 INNOVA MARKET INSIGHTS

say that their "trust in the brand" increases* when the brand communicates the challenges that they are facing on the product

Arla Foods 313.378 followers 3w • 🕥 Developing sustainable food packaging comes with many dilemmas (2) For sour cream tubs, which one would you go for? The author can see how you vote. Learn more A solid plastic-based tub 44% A soft cardboard-based tub 52% 5% 999 votes • Poll closed

"This sour cream tub is made out of more cardboard than plastic. It makes it softer than the old tub."



"We know we aren't always making life easier for you ...but we are doing what we can to develop more sustainable packaging solutions"

Sources: Innova Omnichannel Survey 2023 (average of Brazil, Canada, China, France, Germany, India, Indonesia, Mexico, Spain, UK, US), Arla

Note: *Responses for "slightly more" and "much more"

Transparency will triumph on a brand's journey toward long term improvement

62%

of consumers globally say that they...

"feel more involvement in a brand's journey to achieve sustainability"

...when the brand communicates the challenges that they are facing on the product

Consumers, especially the young, are new companions for brands that are trying



"We are not perfect, but we want to bet on a greener planet. That's why we have packaging that is more plant-based and more sustainable..."

Portugal, May 2022

"Not perfect but working hard to find the most sustainable solutions to keep the footprint small and flavors large..."

Australia, Jan 2022



Sources: Innova Omnichannel Survey 2023 (average of Brazil, Canada, China, France, Germany, India, Indonesia, Mexico, Spain, UK, US), Innova Database





- Facebook
- Twitter
- in LinkedIn
- a RSS
- **WeChat**

contact@innovami.com www.innovamarketinsights.com

The information in this document is intended for informational and educational purposes only. Content including trademarks, brands and images are the property of their respective owners. Innova Market Insights is in no way liable for consequences associated with the contents of this document. Innova Market Insights may amend this document at any time without notice and no guarantees are offered in relation to any external links provided.